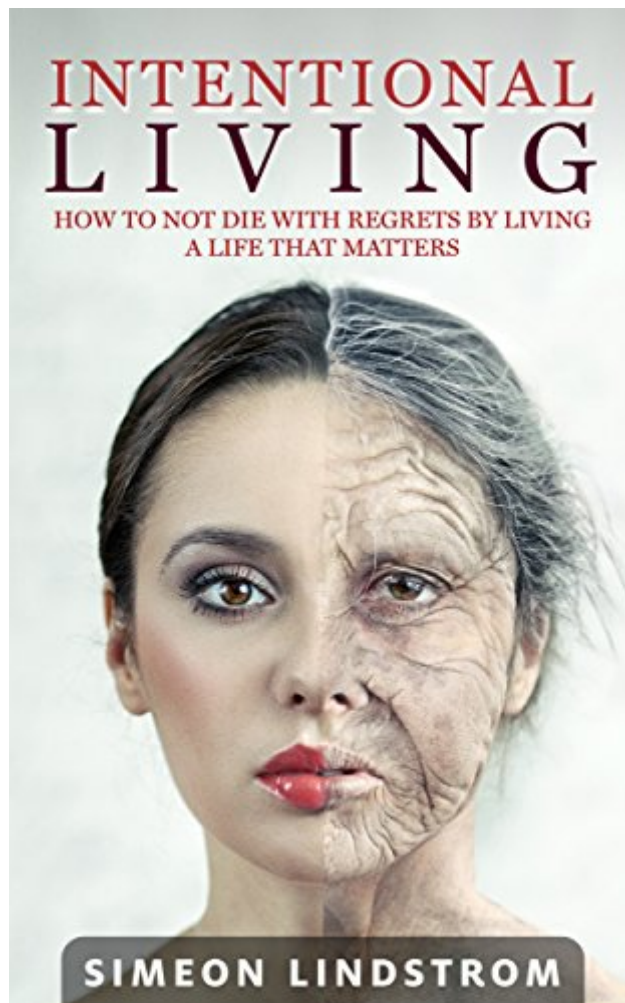




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Intentional Living: How To NOT Die With Regrets By Living A Life That Matters



Synopsis

"The tragedy of life is not death, but what we let die inside of us while we are still living...">>> 11

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Book Information

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Customer Reviews

Not terribly enlightening. I found it to be a bit shallow and really only relevant if you're under 30 & a little slow.

This is not a BOOK! It is like a 30 page pamphlet, or pages from a journal. The cover is awesome, but I think there needs to be more life lived and reflected upon before you have enough for an insightful book.

Thank you Lindstrom for writing such a beautiful book on discovering and connecting to our true selves. Life. We do it all the time. Right? Minute by minute, hour by hour, day by day, week by week,

month by month, year by year. If you're like me, quite ripe in age, it should be so easy by now. By now, we should be excelling in so many areas of life, closer to the greatest version of ourselves. But I think I speak for most of us when I say that this is not the case, generally. We're NOT living a life where we can truly say that we'll have no regrets when we lie on our deathbed, drawing our one last breath. This is a fear that's been with me for a LONG time. The fear that I will one day lie there and think of nothing but all the things I never did. The things I swore so many times at night that I'd one day realize. But time moves ever forward, and for all of us here on earth, there's a limited supply of it. We only have so many hours, days, years to commit to the life we envision for ourselves. This book describes three key steps to help nurture a style of life that is intentional, on purpose, and aimed towards cultivating a deep, authentic sense of self-actualization. Thank you again for this great book and inspiration. There were so many golden nuggets of wisdom in here. I will definitely re-read it and recommend it to my friends. It is never too late.

not so very nice, and its not real

This looks like a good book for people who are wondering what to do before they die or very old people. I would recommend this book to anybody concerned with their lives and the afterlife.

This self-help book on intentional living was both personal and actionable in nature.

A hard read.

Good book.

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